



# Combine the POWER of HYPNOTHERAPY plus ACUPUNCTURE to FREE yourself from your ADDICTIONS

## Program Includes:

Pre-Session	By Phone	<ul style="list-style-type: none"> <li>• Intake and Schedule Discussion</li> </ul>	20-30 min.
Session 1	Day 1	<ul style="list-style-type: none"> <li>• Discussion with both practitioners</li> <li>• Acupuncture</li> <li>• Hypnotherapy</li> <li>• Detox Tea to take home</li> <li>• Anchors and pressure point instructions to use at home</li> </ul>	1.5 hours +
Session 2	Day 2	Acupuncture	30 minutes
Session 3	Day 4	Acupuncture	30 minutes
Session 4	Anytime Day 3 to 8	Hypnotherapy Session and Craving control Hypnosis CD to take home	1 hour
Session 5	Day 8	Acupuncture	30 minutes
Follow up	Anytime up to 6 months	<i>Hypnotherapy Craving Control Sessions – as needed to control cravings</i>	<i>45 minutes</i>
Follow up	Anytime up to 6 months	<i>Acupuncture – 1 additional session</i>	<i>30 minutes</i>

*(Session 1 and all Acupuncture Sessions are in Langford.  
Standalone Hypnotherapy Sessions are in Victoria)*

**Program Price \$600**  
payable in advance

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